

EATING DISORDERS REFERRAL OPTIONS

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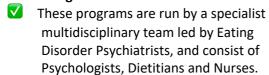
Living with an Eating Disorder can be very challenging for those affected and their loved ones.

Treatment of Eating Disorders is complex.

As a Clinical Nutrition Physician, Dr Mei Yong often receives GP referrals for Eating Disorder patients to her private practices.

Unfortunately she does <u>NOT</u> see these patients in her private practice.

For best practice treatment of Eating Disorders, Dr Mei recommends referral to a dedicated Eating Disorder Program.



Most programs are conducted in an outpatient setting, in conjunction with your GP.



EATING DISORDER PROGRAMS IN VICTORIA

Some of the Eating Disorder Programs available in Victoria include:

Public programs	
Monash Health:	Royal Melbourne Hospital:
The Wellness and Recovery Centre (WRC)	Eating Disorders Unit
https://bit.ly/monashWRC	Tel: (03) 9342 4033
Austin Health:	St Vincent's Hospital Melbourne:
Eating Disorders Program	Body Image Eating Disorders Treatment and
	Recovery Service (BETRS)
https://bit.ly/austinEDP	https://bit.ly/stvincentsBETRS

Private programs	
The Melbourne Clinic:	Bromham Clinic:
Eating Disorders Program	Dr Vanessa Keleher's Eating Disorders Program
https://bit.ly/melbclinicEDP	https://bit.ly/bromhamEDP

For other referral options, please visit **Support & Services - National Eating Disorders Collaboration**https://bit.ly/nedc1

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PATIENT RESOURCES/SUPPORT

For further information and links to useful resources/support, visit these support groups:

- 1. Eating Disorders Victoria https://www.eatingdisorders.org.au/
- 2. Butterfly Foundation
 https://butterfly.org.au
 Butterfly's National Helpline 1800 33 46 73

